

## Legal Sanctions

### ALCOHOL

- It is illegal to give or sell alcohol to an individual under the age of 21.
- It is illegal to have an open container of alcohol in any vehicle.
- It is illegal to serve alcohol to an intoxicated person.
- It is illegal to sell alcohol without a permit or license.
- Driving while intoxicated is a criminal offense. A fine is imposed and a six-month license revocation is minimum.
- Being intoxicated is not a defense to any charge for a criminal act.
- An underage person involved in a drinking/driving crash may sue the person at fault and those who provided the alcohol.
- All the above carry fines and a possible jail term.

### Misdemeanor 730 ILCS 5/5-8-3

- Class A – one (1) year or less
- B – six (6) months or less
- C – thirty (30) days or less

### Felonies 730 ILCS 5/5-8-1

- Class X – not less than six (6) years to not more than thirty (30) years
  - 1 – not less than four (4) years to not more than fifteen (15) years
  - 2 – not less than three (3) years to not more than seven (7) years
  - 3 – not less than two (2) years to not more than five (5) years
  - 4 – not less than one (1) year to not more than three (3) years

**Penalties may vary depending on the crime committed.**

### HEROIN

Possession Class 1 15-900 grams or more

### COCAINE

Class 1 15-900 grams or more

### MORPHINE

Class 1 15-900 grams or more

### PEYOTE

Possession Class 1 200 grams or more

### BARBITURATES

Class 1 200 grams or more

### AMPHETAMINES

Class 1 over 200 grams

### LSD

Class 1 15 to 1500 grams

### PCP

Class 1 over 30 grams

### QUAALUDES

Class 1 15 to 900 grams or more

### PENTAZOCIN

Class 1 30 grams or more

### MARIJUANA

Possession Class C 2.5 grams or less  
Class B more than 2.5 but not more than 10 grams

Class A more than 10 but not more than 30 grams

Class 4 30 to 500 grams

Class 3 over 500 grams

### Delivery

Class B 2.5 grams or less  
Class A more than 2.5 but less than 10 grams

Class 4 more than 10 but not more than 30 grams

Class 3 more than 30 but not more than 500 grams

Class 2 more than 500 grams but not more than 2,000

Class X more than 5,000 grams

### DRUGS

- Casual delivery may be treated the same as possession.
- For delivery to a person under 18 years old (if 3 years younger than the deliverer), the penalty doubles.
- Persons under the age of 18 are treated by the Juvenile Court System. Fines may be imposed.
- A second offense is always more severe.

*Additional information regarding penalties for the violation of Alcohol and Drug laws may be found in the Illinois Compiled Statutes and the United States Code. Additional information on the penalties for such violations can be found at <http://www.usdoj.gov/dea/agency/penalties.htm> and 720 ILCS 550/1 et seq. and 720 ILCS 570/1 et seq.*

# The Student

# Assistance

# Program

at

## SOUTH SUBURBAN COLLEGE

*“The mission of South Suburban College is to Serve our Students and the Community through lifelong learning.”*

## Greetings from George Dammer, College President

Welcome to South Suburban College. At SSC, the Faculty, Administration and Staff are dedicated to providing our students with a high quality education, student services and academic support. It is with that dedication that the Student Assistance Program was created to give students up-to-date information about the services available to assist those in need. I hope you will find this guide useful. Have a good year!

## A Message from Songie Milhouse Vice President for Student Development

Balancing the demands of school, family, and work can be overwhelming. South Suburban College is committed to assisting students in managing these difficult and challenging times. The Student Assistance Program (SAP) provides support to students in dealing with the pressures and problems they encounter during their academic careers. SAP services are **private and confidential**, in accordance with state law. All enrolled South Suburban College students are eligible for SAP services, and there is **no cost** to students for utilizing SAP services. There may be fees associated with the other services and resources to which you may be referred, though your health insurance usually defrays the cost of such care. I hope that you will take the time to review the information contained in this guide, and more importantly, will not hesitate to avail yourself of this assistance should you feel the need.



**SOUTH SUBURBAN COLLEGE**  
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*South Suburban College ensures equal educational opportunities are offered to students regardless of race, color, national origin, age, sex, religion, or handicap.*

## Effects of Illegal Substances, Drugs and Alcohol

### **STIMULANTS**

#### **Also known as**

Speed, uppers, crank, ice, pep pills, diet pills, black beauties or crystal meth

#### **How used**

Swallowed, smoked (with other substances), injected or snorted

#### **Physical Symptoms**

Alertness, talkativeness, wakefulness, increased heart rate/blood pressure, loss of appetite, rapid breathing, headache, dizziness, dilated pupils, heavy sweating, shaky hands. Repeated use can lead to brain damage, ulcers or malnutrition

#### **Look For**

Pills and capsules, loss of sleep and appetite, irritability, anxiety, weight loss, hyperactivity, mood elevation, jittery behavior, impaired coordination, exaggerated reflexes or movements

#### **Dangers**

Fatigue leading to exhaustion, addiction, paranoia, depression, confusion, possibly hallucination, anxiety/panic, violent behavior

### **DEPRESSANTS**

#### **Also known as**

Downers, barbs, blue devils, red devils, yellow jackets, nembutal, seconal, amytal, quaaludes, ludes, valium, librium, miltown or serax

#### **How used**

Swallowed or injected

#### **Physical Symptoms**

Depressed breathing, slow heartbeat, intoxication, drowsiness, uncoordinated movements

#### **Look For**

Capsules and pills, confused behavior, longer periods of sleep, slurred speech, staggering gait, anxiety, drowsiness

#### **Dangers**

Possible overdose (combination with alcohol can multiply the effect), muscle rigidity, addiction, withdrawal, coma and death. Withdrawal and overdose require medical treatment

## Effects of Illegal Substances, Drugs and Alcohol

### INHALANTS

#### Also known as

Laughing gas, whippets, poppers, snappers, rush, bolt, locker room, climax, aerosol sprays or solvents

#### How used

Vapors inhaled or ingested when mixed with water

#### Physical Symptoms

Nausea, dizziness, headache, lack of coordination and control, rapid pulse, loss of appetite, involuntary passing of urine or feces. Long-term use may result in hepatitis, brain damage, electrolyte imbalance or muscle fatigue

#### Look For

Odor of substance on clothing or breath, intoxication, drowsiness, poor muscular control, impaired judgment, weight loss

#### Dangers

Unconsciousness, suffocation, nausea and vomiting, permanent damage to brain and central nervous system, violent behavior, suffocation, sudden death

### NARCOTICS

#### Also known as

Smack, horse, junk, mud, dolophine, big H, heroin, methadone, codeine, pectoral syrup, darvon, lomotil, demerol, morphine or opium

#### How Used

Swallowed, injected, inhaled or smoked

#### Physical Symptoms

Euphoria, drowsiness, insensitivity to pain, nausea, vomiting, watery eyes, runny nose, slow shallow breathing, clammy skin, convulsions (see depressants)

#### Look For

Needle marks, needles, syringes, spoons, pinpoint pupils, cold or moist skin, watery eyes, itching

#### Dangers

Addiction, lethargy, weight loss, contamination from utensils (hepatitis, AIDS), accidental overdose, coma, death, premature or stillborn infants, severe withdrawal

## The Student Assistance Program

South Suburban College provides a voluntary, confidential resource to assist all students who may be faced with personal problems such as substance abuse. Here's how our Student Assistance Program (SAP) works:

### CONTACTING THE PROGRAM

Hours:

Monday - Thursday, 8 a.m. to 4 p.m.

Friday 8 a.m. to 4 p.m. Call (708) 596-2000, ext. 2304 to schedule an appointment with a Counselor.

Evenings after 4 p.m. and weekends call (708) 647-3522

### ASSESSMENT

A counselor will assist in defining the problem and clarifying the situation.

### OPTIONS

The counselor will explore alternative responses to the problem and help develop a plan.

### IMPLEMENTATION OF PLAN

The student is responsible for carrying out the plan. The program will provide support in the referral process.

### FOLLOW-UP

The Student Assistance Program may offer information on additional resources, if necessary.

*ALL COMMUNICATION WITH THE PROGRAM IS CONFIDENTIAL*



## Questions

### What can the Student Assistance Program do for me?

The Student Assistance Program can help you with issues affecting your studies work and personal life. It can assist you in understanding and dealing with stress related issues, family concerns, abusive relationships, self-esteem, single parenthood, anxiety and depression. In addition, the Program offers counseling and/or referral for substance abuse, pregnancy, AIDS and eating disorders.

### Do I really need professional help?

Ask yourself whether your efforts to cope with the problem have been effective. If not, call the Program and a counselor can help you decide what kind of professional intervention might be best for you.

### How much does it cost?

Any assessments, counseling, referrals or other services provided by the Program are free of charge. You are responsible for the cost of any additional services after the Student Assistance Program intervention and recommended counseling services as provided by the Student Assistance Program provider. Such services may be covered by your medical insurance.

### How does South Suburban College view my participation in the Program?

Reports of your participation are not made to South Suburban College. However, if personal problems are affecting your studies or job performance, participation in the Program may help you. South Suburban College does not look differently at students who participate in the Student Assistance Program. Instead, the College views program participation as a positive step toward enhancing the overall quality of one's life.

### Is substance abuse a serious problem?

The problem of substance abuse is widespread in the community; therefore no school is immune. The Student Assistance Program is prepared to help any student who might have a problem. The solution, though, rests with the individual seeking help. Think about the quality of your life without the problem.

## Effects of Illegal Substances, Drugs and Alcohol

### MARIJUANA

#### Also known as

Pot, dope, smoke, grass, weed, herb, tea, Mary Jane, reefer or ganja

#### How used

Smoked – most often in pipe or hand-rolled cigarettes called “joint,” eaten or boiled in tea

#### Physical Symptoms

Altered perceptions, increased heart rate, high blood pressure, reduced fertility, red eyes, dry mouth, reduced concentration and coordination, euphoria, laughing, hunger

#### Look For

Rolling papers, pipes, dried plant material, odor of burnt hemp rope, roach clips, altered sense of time, impaired physical coordination, difficulty concentrating, slowed reaction time

#### Dangers

Panic reaction, impaired short-term memory, addiction, lack of motivation, anxiety/panic, impaired coordination, lung damage

### HALLUCINOGENS

#### Also known as

Angel dust, loveboat, hog, killer weed, acid, red dragon, white lightning, sugar cubes, microdot, buttons, cactus or magic mushrooms

#### How used

Taken orally, some may be smoked, injected or chewed

#### Physical Symptoms

Altered mood and perception, focus on details, anxiety, panic, nausea, synaesthesia (example – smell colors, see sounds), illusions, hallucinations, dilated pupils, elevated body temperature, sleeplessness, repeated heavy use can lead to increased heart rate/blood pressure, ruptured blood vessels in the brain, tremors

#### Look For

Capsules, tablets, microdots, blotter squares, sugar cubes, panic, confusion, high anxiety, depression

#### Dangers

Unpredictable behavior, emotional instability, convulsions, coma, heart/ lung failure, inability to feel pain, disorientation, flashbacks, violent behavior (with PCP), can cause the appearance of schizophrenic-like psychosis

## Effects of Illegal Substances, Drugs and Alcohol

### ALCOHOL

#### Also known as

Booze, hooch, suds, pop or cocktails

#### How used

Swallowed

#### Physical Effects

Absorbed directly into bloodstream, depresses the central nervous system, intoxication, dizziness, slurred speech, unsteady walk, relaxation, relaxed inhibitions, impaired coordination, slowed reflexes

#### Dangers

Addiction, accidents, impaired coordination and judgment, memory loss, vision disturbance, reduced ability to concentrate, heart and liver damage, nausea, vomiting, death (see depressants)

### COCAINE

#### Also known as

Coke, snow, blow, toot, lady, crack, rock or freebase

#### How used

Snorted, smoked or injected

#### Physical Effects

Decreased appetite, increased heart rate, temperature, slow breathing, brief intense euphoria, restlessness, excitement, feeling of well-being followed by depression

#### Look For

Glass vials, glass pipe, white crystalline powder, razor blades, syringes, needle marks, nose irritation, unusual energy followed by fatigue, confusion or depression, needle track marks, dramatic mood swings, paranoia, hallucinations, rapid/slurred speech, anxiety, irritability

#### Dangers

Addiction, heart failure, ulcers in nose, seizures, lung damage, severe depression, sudden death (see stimulants)

## Student Assistance Program Policy

1. Community College District 510, South Suburban College, recognizes its responsibility, which is shared by other segments of the community, to assist students who exhibit a wide range of behavior problems including substance abuse.
2. The purpose of this policy is to ensure that any student of South Suburban College having a disorder or problem will be able to receive prompt and confidential assistance and, as determined by the College's Student Assistance Program provider, referral to agencies and programs capable of aiding in resolving the problem.
3. Treatable problems for the purpose of this policy are those that have an impact on the student's behavior/performance at the College and/or general health as it relates to performance at the College.
4. It is expected that students will voluntarily seek and accept the recommendations of the Student Assistance Program coordinator, counselor or, a designated assessment professional.
5. Effective administration of the Student Assistance Program depends upon the cooperation of all the members of South Suburban College. Students are encouraged to voluntarily seek assistance or urge others to seek assistance. Resorting to the Program is not intended to have an adverse impact on the student's status in the College.
6. The College recognizes that diagnosis and treatment of an enumerated problem requires special skill and training not necessarily possessed by students. Thus, referral by College staff to the Student Assistance Program is to be based on the student's unsatisfactory class behavior and/or apparent medical or behavioral problem.
7. A student referred to assessment/counseling is expected to cooperate with any prescribed treatment program or recommendations by the College's counselors or the Student Assistance Program provider.
8. Continued failure to accept diagnosis or treatment that is offered to the student by the coordinator, counselor or, as determined necessary by the College's Student Assistance Program provider, or continued failure to respond to treatment will be handled in accordance with the College's practices for dealing with unacceptable performance/behavior in class or on College property.
9. The student is assured confidential handling of the referral, diagnosis and treatment under the Student Assistance Program. The referring College staff member, the Student Assistance Program or the Student Assistance Program provider's designated assessment professional need not be involved with the follow-up treatment.
10. It should be understood by students that any violations of school rules and/or policies shall be governed by College policy regarding student conduct. Nothing contained herein limits the right of the College under federal, state or local law to discipline the student up to and including expulsion for any violation of any College policy or rule.

## Student Substance Abuse Policy

SSC does not tolerate substance abuse. The SSC Code of Conduct addresses the issue in the following manner:

“The Student Code of Conduct has been developed to maintain an atmosphere conducive to developing optimum educational experiences for all members of the College community. Conduct in violation of this Code includes, but is not necessarily limited to, the following:

Sale or distribution of any narcotic, drug, marijuana, depressant or other addictive or hallucinogenic substance not expressly permitted by law on College property, either owned, contracted, rented or leased;

Possessing, selling, using, consuming, or distributing alcoholic beverages or controlled substances or being under the influence of such items at any College facility or at an officially sponsored College event on or off campus except an off campus activity where all in attendance meet the minimum age requirement established by law, and the location of the activity does not prohibit such beverages;

Violation of this Code of Conduct is considered grounds for sanction against the student and, if the situation should warrant, binding over to civil authorities for appropriate action.”

In addition to the above legal or disciplinary action, those students convicted of illegal use of a controlled substance could forfeit all rights to any federal or state financial aid.

***The Dean of Student Development and/or the College Disciplinary Standards Committee may impose any of the following sanctions:***

### **1. Minor Sanctions**

- a. **WARNING:** Student receives a warning and/or reprimand that the College has taken note of the student’s action and further violations of the Student Code of Conduct may result in probation, suspension or dismissal depending upon severity of the incident.
- b. **PROBATION:** Student is reprimanded for violating specified regulations. Probation is for a designated period of time and may result in more severe disciplinary sanctions if further violations occur during the probationary period. The student will receive written notification of his/her probation.
- c. **BEHAVIORAL CONTRACT:** Student enters into a written agreement to modify behavior. The student’s failure to fulfill terms of the contract may result in additional disciplinary sanctions.

### **2. Intermediate Sanctions**

- a. **RESTITUTION:** Student is required to reimburse for damage to or misappropriation of property in addition to other types of disciplinary action.
- b. **DISCRETIONARY SANCTIONS:** Student is required to complete work assignments, community service, or other assignments.
- c. **ALCOHOL/DRUG SANCTIONS:** Student may receive an assessment and be required to participate in counseling or educational programs in lieu of, or in addition to, the imposition of other disciplinary actions. Parents of students under the age 21 will be notified in the event of discipline related to alcohol and drug use.
- d. **WITHDRAWAL:** Student will administratively be withdrawn from any and all classes with consequent loss of associated tuition and fees.

### **3. Severe Sanctions**

- a. **SUSPENSION:** Student is prohibited from attending all enrolled College courses for a determined period of time and must meet all specific requirements for readmission to College courses as determined by the Dean of Student Development or the College Disciplinary Standards Committee. A suspension will not exceed ten [10] school days per offense.
- b. **DISMISSAL:** Student is prohibited from attending all enrolled College courses for more than ten (10) days. A Dismissal shall not exceed the remainder of the current semester through the following full semester (Fall or Spring). Following the dismissal period, the student must appeal in writing to the Dean of Student Development for reinstatement.
- c. **EXPULSION:** Student is prohibited from attending all enrolled College courses for a period not to exceed the remainder of the current semester through the following two (2) full semesters (Fall or Spring). Following the expulsion period, the student must appeal in writing to the Dean of Student Development. The Dean will review the appeal with the Vice President for Student Development and determine whether the appeal should be referred to the College Disciplinary Standards Committee. All decisions made by the College Disciplinary Standards Committee are final.